



Packing List

Pre-trip anticipation is one of the biggest benefits of taking a vacation. Choosing what to pack for any type of getaway can be challenging, but packing ski or snowboard trip is especially difficult because you're going to be outside in winter's element, and often at very high elevations, where the weather can change quickly. To make sure you arrive at your destination with everything you need, we have compiled a checklist you can use during your packing process.

Ski/snowboard apparel and gear:

- Base layers (non-cotton long underwear with wicking ability)
- Mid layers (lightweight natural or synthetic down jacket or vest or microfleece or vest)
- Waterproof outerwear – preferably designed for skiing or snowboarding
- Waterproof gloves/mittens (bring liners if your hands tend to get cold easily)
- Helmet (highly recommended)
- Hat
- Neck gater, scarf, balaclava, bandana or BUFF® (to cover your face and neck in cold, windy temperatures)
- Ski/snowboard socks (non-cotton with wicking ability are best – one pair for every two days on the mountain)
- Goggles with UV protection
- Sunglasses with UV protection and Croakies®
- Snacks such as energy bars or something high in protein
- Sunscreen with at least SPF 15
- Lip balm with at least SPF 15
- Skis, snowboard, boots, poles (unless you are renting)

Apres-ski wear:

- Jeans
- Comfortable, waterproof boots or shoes with good tread—especially if it's snowing in the town or base village or if you want to enjoy outdoor winter activities like snowshoeing, snow tubing or dog sledding
- Warm socks—especially for traipsing around in the snow
- Sweater, fleece or other warm top
- Jacket—if your ski/snowboard jacket is warm, you'll be fine